# CONNECT BREAK THE ICE AND GET PEOPLE TALKING

- Are you quicker to trust your emotions or your thoughts?
- What does your prayer life look like?
- Discipleship check-in (at the bottom of this guide!)

# INTRODUCTION

What does it mean to have crazy faith? Luckily, the Bible is full of examples of humans putting their trust in God and watching him do incredible things. Today, we will be looking at the person who is both the perfecter of our faith, but also the greatest example of faith, Jesus. In the garden of Gethsemane, Jesus shows all believers what crazy faith looks like even in the most difficult situation anyone has ever experienced.

Pray that the Spirit would open our eyes to see how Jesus' faith gives him the ability to do the impossible.

READ & DISCUSS

READ: Mark 14:32-41

### **DISCUSS:**

- Why do you think the disciples continue to fall asleep?
- What sticks out to your about the way Jesus prays?
- What do you think Jesus' emotional honesty says about his faith?

### REFLECT & APPLY

#### **DISCUSS:**

- Read Hebrews 12:2. The chapter before this verse is about these great people of faith we find in Scripture. All of the heroes of the Bible find their faith founded and perfected in Jesus. He is the one for whom their faith was longing. How does knowing that Jesus is the founder and perfecter of your faith encourage you?
- In the garden of Gethsemane, Jesus is being emotionally honest before the Lord by sharing his desires, but he remains willing to submit to the Father because he trusts him. How can you shape your own prayer life to look more like Jesus'?

PRAY

Praise Jesus who is the founder and perfecter of our faith. Pray that the Spirit would strengthen our faith and help us to model more of our prayer life after Jesus'.

# Discipleship Check-In

- Have you prayed and read your Bible consistently the past week?
- Who is someone you're praying to share Jesus with this week, and what's one way you can love them well?