

# Delighting in the Trinity

Group Guide:  
Week 4

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## CONNECT BREAK THE ICE AND GET PEOPLE TALKING

- Tell us a story of the happiest you've ever been!
- What is something you've done that changed who you are as a person?
- Discipleship check-in (at the bottom of this guide!)

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## INTRODUCTION

This week we're resuming our series *Delighting in the Trinity*. Along with John the Gospel-writer, we will be meditating on the third person of the Trinity: the Holy Spirit. We're going to invite the Spirit to move in us and *usher us into the delight of the Trinity*.

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## READ & DISCUSS

READ: John 14:15-17

DISCUSS: What do you think Jesus means when he says the Spirit will dwell with us and be in us?

READ: John 16:8-11

DISCUSS: Why is it good news that the ruler of this world (by which Jesus means Satan) is judged?

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## REFLECT & APPLY

DISCUSS: The gift of the Holy Spirit means that we have God Himself, in the third person of the Trinity, living in us and forming us more and more into the likeness of Jesus. We tend to imagine holiness as a far off, cold, inaccessible thing, dead in its perfection. The Holy Spirit is God turning around and saying, "No, that's how you are. Let go of that and embrace who I am." Christ was holy and approachable and warm. Holiness is a matter of *delight*, the delight that has characterized God from before the beginning. The Holy Spirit, and his gift of holiness, wants to transform you and usher you into that delight. What would it look like to live by that Spirit?

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# PRAY

The goal of the Spirit in us is to transform us into Christ's image. That means teaching us how to pray like he did, in the way he taught his disciples to pray. When the Spirit teaches us to pray, we should expect to pray like Jesus did. Take a few minutes at the end of your group for silent prayer and meditation, a time of listening to the voice of the Spirit that Jesus has planted in all his followers. If you think you hear God giving you something to say to someone else in the group, humbly offer it to them! Then close your group by praying this prayer together:

*"Our Father in heaven,  
hallowed be your name.  
Your kingdom come,  
your will be done,  
on earth as it is in heaven.  
Give us this day our daily bread,  
and forgive us our debts,  
as we also have forgiven our debtors.  
And lead us not into temptation,  
but deliver us from evil.  
For yours is the kingdom,  
and the power, and the glory,  
Forever and ever.  
Amen."*

## Discipleship Check-In

- Have you prayed and read your Bible consistently the past week?
- Who is someone you're praying to share Jesus with this week, and what's one way you can love them well?