

# Image and Identity

Group Guide:  
Week 4

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## CONNECT BREAK THE ICE AND GET PEOPLE TALKING

- What's your funniest injury story?
  - What were your highs and lows in the past week?
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## INTRODUCTION

We are in the fourth week of our sermon series Image and Identity: A God's Eye View of What It Means to be Me. Last week we learned that hurt people hurt people, and that Jesus can come and make us whole again. This week we want to expand on this idea of wholeness. Sin wants to reduce you to some individual part of your life, and build your identity there. Grace desires to increase you to your whole self. A disciple is a human, fully alive and integrated in his identity, activity, and spirituality, living in communion with the Trinity and oriented toward the world. Discipleship is the process of this reintegration. Let's dive in and see how this works in our own lives!

NOTE: Want to see the diagrams Pastor Adam preached from on Sunday? They are on the next page!

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## READ & DISCUSS

Read: Deuteronomy 6:4-9 and Mark 12:28-31

Discuss:

- Name the parts of us identified in these passages.
  - This unified person is called to love two entities in both of these passages - what are they?
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## APPLY

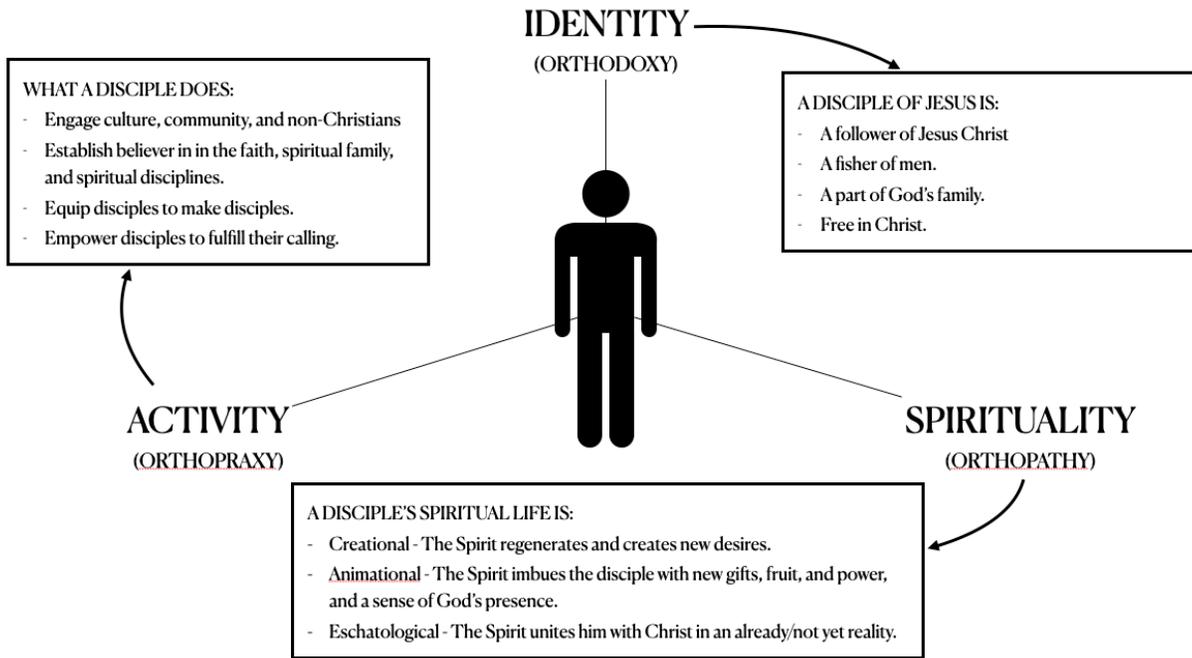
The sermon outlined three elements of who we are: Our activity, spirituality, and identity. (For more, look at the charts on the next page!) Sin wants to break those areas apart, but Jesus wants to unify them.

- Where do you most often experience breakdown?
  - What might it look like for Jesus to heal that area?
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## PRAY

Pray over the areas where you have experienced dis-integration and ask the Holy Spirit to do a work of healing in those places.

The integrated life looks like this:



Disintegration looks like this:

