

CONNECT & RECAP

- Describe a moment of joy that you experienced the past week.
- Have you been to a funeral before? Describe what kind of impact it had on you.
- When you were growing up, how do you remember death being talked about?

RECAP

Watch the sermon recap video.
 You can click [here](#) or find it in the **"Group Sermon Recaps"** playlist on Aletheia's YouTube channel.

MAIN THEMES

- **Big Idea:** To look death in the face and live life with joy, we must know the One who frees us from fear.
- **Christ-Connect:** Jesus faced death and let it overcome him so that we could be freed from the fear of death.
- **Application:** We must recognize the fear of death in our own lives and take that fear to God.

READ & DISCUSS

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|---------------------|--|
| Ecclesiastes 9:1-6 | What reasons does the teacher give in these verses for describing death as something evil under the sun? When you think about death, what aspect of it stings the most? |
| Ecclesiastes 9:7-10 | These verses are such a striking contrast to the earlier ones, that it makes you wonder if the teacher's gone mad. But he's closely linking our capacity to enjoy life with our view of death. In what ways do you think the fear of death affects our capacity for joy in this life? |
| Hebrews 2:14-15 | As we've seen many times in Ecclesiastes, the teacher's words are meant to point us to something beyond the sun. What frees us from the fear of death isn't simply a change of perspective, but a person, Jesus Christ. In what ways does the gospel help free you from the fear of death? |

PRAYER

Ask God for a heart like his—capable of weeping over death, but fixing hope on the promise of resurrection life.

DISCIPLESHIP CHECK-IN

- Have you read your Bible consistently the past week?
- Who is someone you're praying to share Jesus with?