

FOR GOD'S SAKE GROW UP

CONNECT *BREAK THE ICE AND GET PEOPLE TALKING*

- What's one of the best decisions you've ever made? What's one of the worst decisions you've ever made?
- In your opinion, what are some important ways to "grow up" and mature when you become an adult?
- Who's one teacher or professor who really helped you learn? How did they help you?

TRUTH *UNDERSTAND AND DISCUSS THE SCRIPTURE'S MEANING*

So teach us to number our days that we may get a heart of wisdom. (Psalm 90:12)

The name of this series, For God's Sake Grow Up, is tongue-in-cheek. Don't picture a baby-boomer dad wagging his finger at his lazy millennial son. Rather, picture what the Bible calls followers of Jesus to do – to mature in Christ so that God is glorified. The scriptures call us to leave behind childish approaches to life, and to embrace a way of living that God's glory and our good. In Psalm 90, Moses shows us how that happens.

WHY WE NEED TO GROW UP

READ: Psalm 90:1-11

DISCUSS: What do you think Moses wants us to see in the way he contrasts God and humanity in these verses?

God is eternal, but we only get 70 years, or 80 if we're lucky. To boot, those years are filled with toil and trouble. Moses's bleak outlook crushes our childhood belief that life is "but a dream." The nightmarishness of life, he points out, comes from our sin and God's wrath against it. Life isn't a breeze or a dream or a piece of cake; it's filled with the fallout of human rebellion, and if we don't grow up, we'll be swept away in its tide.

WHAT WE NEED TO GROW UP

READ: Psalm 90:12-13

DISCUSS: Why does Moses think God's instruction can help him, given the problems in life he just described?

For Moses, the most necessary thing to have in this brief life is God's instruction. God's teaching helps us get a "heart of wisdom." Wisdom is much more than intelligence. Wisdom is both thinking and acting in a way that glorifies God. You can have a high IQ and still live a fool's life. In pursuit of wisdom, notice the humility of Moses. The solution to navigating this life well doesn't come from deep inside, but from outside of himself, from God. Because we're born with sinful hearts, only God's instruction can help us grow up for his glory.

WHAT WE GET BY GROWING UP

READ: Psalm 90:13-17

DISCUSS: What from these verses stands out to you as really good news?

When God teaches us to number our days, and we get a heart of wisdom, life looks very different from the bleak reality of sin. Instead of dismay we get satisfaction. Instead of fading like the grass, God establishes the work of our hands.

GRACE *SEE HOW THE PASSAGE CONNECTS TO JESUS*

It's really important to see that wisdom doesn't earn you a better life. In verse one, Moses says that the Lord has been "**our** dwelling place," and in verse twelve he asks God to "teach **us** to number our days." The "us" and the "our" refer to God's covenant people. Getting a heart of wisdom begins with being God's covenant people. God's glory is spread through wisdom, but his favor is a gift to his covenant people through grace. And that grace has come through Jesus Christ our Lord.

CHANGE *APPLY THE PASSAGE TO OUR THOUGHTS, FEELINGS, AND ACTIONS*

- If you learn something through this series that called you to change, do you think you have the humility to trust that God knows better than you do? Why or why not?
 - Are you part of God's covenant people through faith in Jesus? What's holding you back?
 - What excites you about the prospect of growing in wisdom through God's teaching?
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PRAYER *RESPOND TO THE PASSAGE IN PRAYER*

- Pray that God would teach us to number our days that we may get a heart of wisdom.
- Pray for humility, that we may willingly and joyfully change when God wants to grow us up.